



OAWS INS

31st March (Friday)

Monthly Newsletter

№ 000015

Creative Writing

Achievements

Biography

Drawings and Paintings

HON'BLE ADVISOR, OAVS VISITED OAV, DHANKUDA (KALAMATI), SAMBALPUR

Hon'ble Sri Upendra Tripathy, Advisor-cum-Working President, OAVS visited OAV, Dhankauda (Kalamati), Sambalpur on 4th March 2023 along with other dignitaries of OAVS and Sambalpur. The visiting team comprised District Officials like Esteemed Smt. Minarani Mangal, DEO, Sambalpur, Smt. Jayashree Dora, ADEO Sambalpur, Sri Muralidhar Behera, ADEO, Sambalpur, Sri Arun Kumar Dash, 5T Nodal Officer, Dhankauda, Ms Bijayalaxmi Hemrom, Executive Engineer, Dhankauda, Sri. Gopal Chandra Panda, JE, Dhankauda & officials from OAVS Sri Manas Ranjan Dash, Asst. Director & Sri Chandan Kumar Rath, Asst. Director.. The entire team was welcomed with an energetic folk dance performed by the students during prayer assembly along with Tilak and Arati.



Later on all the 5-T activities were inspected very minutely by Hon'ble Advisor Sir and his Team. A very lively classroom interaction was done with the students by Hon'ble Advisor Sir. He inspired the students with his encouraging words and asked them to participate in each and every activity and competitions to exhibit their inner potentials. He also advised the staff members to make the students enrich with twenty first century IT skills. He also bestowed all his best wishes and blessing for students and staff members by asking them to create innovative way to get the solution of the problems.

A team of 13 faculties from SCERT visited OAV, Satyabadi, Puri on Dt-02.03.2023 to inspect the vidyalaya and monitor about different aspects and activities of the OAV.



Editor in chief
Sri Sangram Keshari Mohapatra (State Project Director, OAVS)

Feature Film 'SAKHYAM' Bagging 2nd Position



Ms.Trupti Mayee Dehury (PGT English) of OAV Palasagadia Bonth,Bhadrak, has been appreciated in making short movies where she deals with major societal issues. In March, 2023, she participated in the Flo Dhwani - A special film fest, Celebrating Diversity and Inclusion. Her film "SAKHYAM" featuring two students of the Vidyalaya, bagged the second prize which included a cash prize of Rs 30000/-. She has also produced a film named Rajaswala - the happy bleeding for the Kallola 2022 on Menstrual Hygiene Day. Her movie won the Children's Choice Award of Rs 40000/-.

Sate Level Boxing Championship 2022-23: Kabita Clinches Gold



Kabita Kisan of Odisha Adarsha Vidyalaya Talsankara Sundargarh wins her maiden gold medal at State Level Boxing Championship 2022-23 (Under 17) in Berhampur. She displayed an outstanding performance in her match against her opponent winning the title for the weight category (44- 46kg), much to the delight of the enthusiastic crowd in attendance. She comes from a very humble background. She lives in Teilemalti, a remote village in Sundargarh district with her parents who solely depend on agriculture. Apart from being a boxer, she is an excellent student studying in class X participating enthusiastically in scholastic and co- scholastic activities.Her journey doesn't end here. She is selected for the National Level Boxing Championship.

28th February (Tuesday) February 2023

ACTIVITIES



Visit of Shri Durga Prasad Mohapatra, Hon'ble Addl. Secretary, Dept of School & Mass Education Odisha with Sri Amulya Kumar Padhan, Dist Education Officer Sundargarh to OAV LATHIKATA on 26.03.2023.



Two students of OAV Mahisapat, Dhenkanal Sadar, Bidisha Sarangi and Trisha Priyadarshini bagged First Prize in Essay Writing Competition (Jr.) and Second position in Debate Competition at District Level and got rewarded by esteemed Collector Sir on the occasion of Utkal Divas.



Utkal Divas celebration followed by Blood donation camp organised at OAV Titia, Gopabandhunagar, Mayurbhanj

WOMEN'S EMPOWERMENT AND SUSTAINABLE DEVELOPMENT

Women's empowerment is a critical element of sustainable development, promoting gender equality and social justice, and is achieved through education, economic opportunities, legal protections, and creating awareness about the importance of gender equality.

Women's empowerment is a multi-faceted process that involves providing women with the necessary tools, resources, and opportunities to participate fully in society and achieve their full potential. This process is essential for promoting gender equality and social justice, reducing poverty, and promoting economic growth. Education is a critical component of women's empowerment, providing women with the knowledge and skills they need to participate fully in society and make informed decisions. Economic opportunities, including access to credit and training, are also essential for promoting women's economic empowerment and reducing poverty. Legal protections, such as equal rights and protections under the law, are critical for promoting women's rights and holding perpetrators accountable for their actions. Finally, creating awareness about the importance of gender equality is essential for changing attitudes and behaviors that limit women's opportunities and creating a more just and equitable society. Together, these strategies can help promote women's empowerment, create a more equal world, and achieve sustainable development.

CHANDAN PATTAYAT
TGT ENGLISH
OAV MAHULIA RASGOVINDPUR MAYURBHANJ

Women Empowerment: Winds of Change

Women empowerment has become the buzzword today with women working alongside men in all spheres. They profess an independent outlook, whether they are living inside their home or working outside. They are increasingly gaining control over their lives and taking their own decisions with regard to their education, career, profession and lifestyle.

Women empowerment, in the truest sense, will be achieved only when there is attitudinal change in society with regard to womenfolk, treating them with proper respect, dignity, fairness and equality. The rural areas of the country are, by and large, steeped in a feudal and medieval outlook, refusing to grant women equal say in the matters of their education, marriage, dress-code, profession and social interactions. Let us hope, women empowerment spreads to progressive as well as backward areas of our vast country.

Means of Women Empowerment:-

Education: Without proper and adequate education, women cannot become empowered individuals. They need to be encouraged to go for higher studies so that they can contribute significantly in the creation of a knowledge society Communication Skills: Without developing skills for effective communication, women cannot make their voices heard. It is essential for them to communicate effectively to become successful. As leaders, they need to put across their points to the people so that a family, team or company can be effectively managed.

Disposable Income: Women need to earn well to have their say in important financial decisions governing their lives. Being financially independent gives women power over lives and also contributes to the growth of businesses.

Power of Internet: Access to the internet has opened the floodgates of knowledge and awareness and increased social interaction reach and influence of women. The liberalizing influence of the World Wide Web has broken all taboos, myths and misconceptions regarding women.

Conclusion: Women Empowerment helps to make the society and world a better place to live in and march forward on way to inclusive participation. It means increase happiness for the family and the organizations where women make a difference.

By Satwik Kumar Saha Class-9 OAV Pipilipali, Sonepur

Word of the month: Dyslexia- word blindness

March 2023 31st March (Friday)

'WONDER WOMEN' OF INDIA

NIHARBALA BEHERA TGT (SCIENCE) OAV, TETELENGA, BOUDH

The status of women in Indian society has improved a lot. They are excelling in different fields and breaking the gender stereotype. Below is a glace of some first Indian women in various fields who paved the way and broke many fence on their path allowing many girls to dream big and achieve their goals.

The first Indian woman to win the Nobel Peace Prize

Mother Teresa



She was born in Skopje of North Macedonia and at the age of 18, she moved to Ireland and then to India. She founded Missionaries of Charity, a religious congregation which manages homes for people who are dying of HIV/AIDS, leprosy, and tuberculosis. In 1979 she received the Nobel Peace Prize for "work undertaken in the struggle to overcome poverty and distress ".

First Indian woman to win Booker Prize award



She was born in Shillong, Meghalaya in 1961 and was awarded the 1997 Booker Prize for her novel The God of Small Things. She is also a political activist involved in human rights and environmental causes.

The first Indian woman to win the title of Miss World



She was born in Bombay in 1946. She was a former model and the winner of the Miss World 1966 pageant and also is the first Asian woman to win the beauty contest.

The first Indian woman to climb Mount Everest



She was born in 1954 in Uttarakhand. And is the first Indian woman to climb the summit of world's highest mountain, Mount Everest in 1984. Everest - My Journey to the Top is her autobiography.

The first Indian woman to win an Olympic medal

Karnam Malleswari



She is a weightlifting world champion and was born in Andhra Pradesh in 1975. In Olympics 2000 She won the bronze medal and became the first Indian woman to win an Olympic medal.

First Indian woman engineer



She was born in Madras in 1919 and was graduated in 1943 with a degree in electrical engineering from College of Engineering, Guindy, Chennai becoming India's first woman engineer.

First woman scientist to head a missile project in India (Missile Woman of India)

Tessy Thomas



She was born in April 1963 in Kerala and was the DG of Aeronautical Systems and the former Project Director for Agni-IV missile in DRDO and also received the Lal Bahadur Shastri National Award for her contribution for making India self-reliant in the field of missile technology.

First Indian Female Physician





She was born, raised in a Marathi family in Bombay presidency in 1865 and was the first woman of India to study and graduate with a two-year degree in western medicine in the United States. At the age of 14, Anandibai gave birth to a boy but the child died after 10 days due to lack of medical care. This incident inspired her to become a physician.

First female Judge of India





She was born in 1905, in the erstwhile kingdom of Travancore. She became the first female judge in an Indian high court when she was appointed to the Kerala High Court in 1959.

First Female IPS Officer





She was born in 1949 in Amritsar and was the first woman in India to join Indian Police Service (IPS) in 1972 and was the 24th Lieutenant Governor of Puducherry (2016-2021).

> First Woman IAS Anna Rajam Malhotra



She was born in 1927 in Kerala. She was the first woman in India to join IAS (1951 batch). She was also the first woman to serve as a Secretary to the Government of India.

First woman to win Sahitya Akademi award



She was born in 1919 in Gujranwala, Punjab, in British India was a novelist, essayist and poet, who wrote in Punjabi and Hindi. Most of her work have translated into several Indian and foreign languages.

SHEROES

M S PARTHASARATHI TGT ENGLISH, OAV BEGANA, KOREI, JAJPUR

You asked for a woman to fight for freedom We gave you Jhansi Rani Laxmi Bai.

You asked for a woman to lead the nation We gave you Indira, Pratibha and Draupadi.

You asked for a woman to preside the United Nation's General Assembly We gave you Vijaya Lakshmi Pandit.

> You asked for a woman to fly into space We gave you Kalpana and Sunita.

You asked for a woman to fly an Airforce Helicopter during war We gave youGunjana Saxena.

> You asked for a woman to fly a fighter jet We gave you Avani Chaturvedi.

You asked for a woman to win Olympic Medal We gave you Sindhu, Avani, Mary Kom and more.

You asked for a woman to win grand slams We gave you Sania Mirza.

You asked for a woman to rule Cricket We gave you Mithali and Harmanpreet.

You asked for a woman to literally don a crown We gave you Sushmita, Aishwarya and more.

And not to forget P.T Usha, Aditi Ashok, Dipa Karmakar and many more...

> Oh World, have a look at us. Do you even need more to validate us!!!

> > We are soaring Not after you But right beside you And on the verge of Overtaking you

We are no less than men YES!!!

WE ARE WOMEN.

EDUCATION AS A TOOL ENABLING WOMEN EMPOWERMENT

HEMALATA BHOI

CLASS - VIII, OAV, PRMANPUR, MANESWAR, SAMBALPUR

The meaning of women empowerment can be defined as promotion of women's self, worth, enabling them to determine their own choice and their right to influence social change for themselves and others. Women play important roles in our society. If we wish to make our society a better one, the present status of women needs to be uplifted.

During ancient times, women used to face lot of difficulties and had to suffer pertaining to social evils like Sati Pratha . Sati Pratha means a historical Hindu Practice in which a widow sacrifices herself by sitting atop her deceased husband's funeral pyre.

The condition of women in present day is better than the ancient times. Now women are educated. They are prospering in their life and contributing to their family, society and the nation as well. Kalpana Chawla, Indira Gandhi of bygone years and Hon'ble President of India, Droupadi Murmu of current times are classic examples of what women can achieve if appropriate environment of growth is offered to them. They create awareness among other women. They have become role models

Education will empower women to become Right-Conscious individuals. This will help them to fight against the regressive social order and establish themselves as independent human beings. They will improve their future in our society and eventually will contribute in creating a better society to live in.

Women empowerment is possible by fostering education, training and awareness raising. Empowered women will have the ability to make strategic life choices that were previously denied to them. With higher literacy rates and equal pay equal work, women will be able to thrive economically and be independent and emancipated souls.

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Status of Women: Nationally & Internationally

Introduction: -

People of India used to say this country as Bharat Mata however never realized the true meaning of it. Bharat Mata means a mother of every woman/man whom we have to save and respect. Women population is around 50 % of the total population. Reflecting into Vedas, Purana of Indian Culture women were being worshipped as LAXMI MAA; Goddess of wealth. Objectives and meaning: -

The main objective behind the article is neither to favor feminism nor to be criticizing about the chauvinism. The focal point of the article is to face reality. In today's scenario the empowerment of woman has become one of the most important concerns of 21st century. But practically woman empowerment is still an illusion of reality. We observe in our day-to-day life how women become victimized by various social evils. Empowerment of woman is essentially the process of upliftment of economic, social political status of woman, the traditionally under privileged ones, in the society. Woman empowerment is giving legitimate power or authority to perform the tasks.

We are living in an age of woman empowerment where woman is working shoulder to shoulder with men. Indeed, it is a needed for the betterment of any country's future as they play dual responsibility of managing their families while simultaneously juggling to earn.

On international level as well, women have successfully created unbeatable partition. But they are just a handful in comparison to the counterparts:

Women empowerment is not limited to urban and even women in urban are now increasing making their voices heard loud and clear in society, while it is true that women, to a large extent, do not face discrimination, but unfortunately many of them face harassment and exploitation of diverse types. Women are now claiming the socio-political rights, the Parliament too has parred various forms of legislature to save women from injustice and discrimination such as: equal remuneration Act-1976, Dowry prohibition Act-1971, Maternity benefit Act.



The most part of wisdom said by Pandit Jawaharlal Nehru is to awaken the people. It is the women who must be awakened first. It needs to kill all the demons killing women's right such as illiteracy, sexual harassment,

equality, female infanticide and domestic violence against women. Most effective remedy to eradicate the barriers is making women empowered by ensuring the Right to Equality mentioned in Article 14. According to the provisions of the constitution, it is a legal point to grant equality to women in the society in all spheres as any male have.

Conclusion: -

The empowerment helps to make the society and world a better space to live and march towards a way to inclusive participation. It means increase happiness for the family and the organization where women make a difference, women empowerment will be real and effective only when they are endowed income and property so that they may stand on their feet and build up their identity in the society. Let us take the oath that we want an egalitarian society whether men or women get the equal opportunity to express and uplift are well-being. If we want a true sense to bring it up, there is a crying need for the elimination of the male superiority and patriarchal

> Aditya and Sanjeeb Class - XI, OAV TARANDO1

Women Power

"There are two powers in the world; one is the Sword and the other is the Pen. There is a third power stronger than both, that of women."

working alongside men in all spheres. Little by little everyone is seeing a shift in the way the world looks at and appreciates women but let it be known that the road to true gender equality remains long. Women play multiple

roles of a mother, daughter, sister, and wife and now a day's a working professional with remarkable harmony and ease.

There are several means of women Empowerment with proper and adequate education women can become empowered individuals. With developing skills for effective communication they can make their voices heard. They need to earn well to have their say in important financial decisions governing their lives. Access to the internet has opened the flood gates of knowledge and awareness and increased social interaction reach and influence of women.

Women Empowerment has the following components:-

Their Right to have and to determine choices, their right to have access to opportunities and resources, their right to have power to control their own lives, both within and outside the home, and their ability to influence the direction of social change to create a more just social and economic order, Nationally and internationally.

When women and girls everywhere begin to see themselves as more than inanimate objects, but as beautiful beings capable of deep feelings and high thoughts, this has the capacity to create change all around.

Then only men will recognize women as their peers, not only at the fireside, but in councils of the Nation.

"The progress of Nation will be blocked, if its women are locked." "Empowering woman empowers the next generations."

Ananya Dash Class – XII OAV, Salajanga, Jagatsinghpur.

Education Leading to Women Liberation

It is said," The existence of women is the base of beautiful life"This statement clearly sustains how important the role of a woman in a life is .So, let's educate women, empower women!

Introduction - Empowering women means promoting women's sense of self-worth. It is used to give the power of equal opportunity in all fields to women irrespective of all castes, creeds and colours. Women empowerment is considered to make them powerful so that they can decide what is right and what isn't. One of the best ways to empower women is by educating them by which they can take right decisions.

Need of women empowerment in India – Women empowerment means giving the power of taking crucial decisions. To make them empowered the one thing we as a society can do is to educate them. It is not important where the woman is born, either in rural or urban areas, they must be given education. Education is the most powerful weapon to empower a woman because it teaches her to differentiate between what is right and what is wrong.Women's education not only empowers her but a family, a society and in a greater extent to the nation. So it is said that women are the real architects of society.

In India, we observe that in many cases, women are lagging behind men but at the same time we have many examples where women exceed or defeat men in different fields. Many women of India are now in every fields of life,like doctors,engineers,teachers,scientists etc. In our country, women are lagging behind men only because of their illeteracy or lack of education. So providing women education, they can be empowered a lot . This feature of lagging behind is mainly seen in the rural areas. As India is a mostly rural country ,the need of the our is to educate rural women and it will help our country for progress.

Comparision in between Present day and Past - In the past, the men were in the supreme power and took all the decision, the decision was half-sided as the women couldn't take the decisions and it created discrimination among the men and women . But, Today these disscale as in most part of the criminations occur in small top most positions. They inworld, the women are in the spire the illiterated ones to be literate and become successful persons in life.

Conclusion - Women empower-

for the nation. It plays a vital role

on a war footage basis to literate

organizations, all must work

opportunities to the women

ment has multifaceted benefits in the social and economic development of the nation. Policy initiatives in this regard must be taken women.Governments,people and together to provide equal in all fields of life.

> Archisha Pradhan Class - VIII OAV, Parmanpur Maneswar ,Sambalpur

Women Empowerment has become the buzz word today with women

Word of the month : guile - cunning Thought of the month: A person who never made a mistake never tried anything new. By Elbert Einstein SHE

URMILA SAHOO PGT ENGLISH, OAV, HATIOTA, POLASARA, GANJAM

She is the uncut diamond Whose glaze made every corner bright, But of courseyou never tried

To weigh her price, never valued her plight.

She is the beauty of beauties Inside out filled with love care & dignity, Whose caress you got to heal your injury. Never thought to stretch a finger of support For her stand, safety and security.

She is the brain, whose lines & smartness You used to crack deals on your sunk business. Never dignified her to pay a little respect in whole as a matter of jealous aftermath in conscience.

She is the heart whose blood nourished youentire life by sealing & healing all the pains.

But never got a healing heart in return to pay A bit attention for her day to day frustrations.

She is the body who had given inches in sacrifice for the relish of youreye, skin& factors inside.

Never asked for her will to take part in satisfying her wish instead, with a mere question small and wide.

She is the soul whose prayers fill serenity and sanctity in a spectacular manner

Never questioned for a sanctum of her own

Where lies a bit peace, rest& a serene atmosphere.

She is the whole in halves,in making the dilutions of each odd into even & marvelous.

Her grace is yet to understand, the emotions are yet to feel, the feelings are yet to portray the qualities so pious.

She is she, in every aspect & prospect,

If you need to change then change your thoughts, negligence & again retrospect...

WOMEN OF TODAY

CHANDAN PATTAYAT

TGT ENGLISH, OAV MAHULIA, RASGOVINDPUR, MAYURBHANJ

In a world where women are strong and free, Empowered to be who they want to be, Where they have equal rights and opportunities, Their voices heard with confidence and ease.

No longer bound by society's chains, Their spirits soar, free to dream and attain, No limit to their potential or what they can gain, With the world as their canvas, they create and sustain.

Their strength and resilience, a testament to their might, Their determination and courage, a shining light, Empowering others to join in the fight, To break down barriers and end the plight.

Women's empowerment is the key to a better world, Where every girl can dream and unfurl, Their wings to soar high and free, To achieve their dreams and destiny.

So let us stand together, hand in hand, To create a world where women can command, The respect and dignity they deserve. Empowered to rise and serve.

WE CAN

RAJEWARI SAHU (CLASS VIII) O.A.V, BADI

Wrong to say, "men create the demand, women are the supply..." Not being the play thing of men, of questions they have a strong reply

Gone are the days they were considered as economic liability... Reaching several milestones, they have proved their potentiality

Women have been empowered, can walk equally with men... how bitter hard a work it may be, they say "we can..we can..we can...."

IAM

Anushka Anamika Class: X(B) OAV Begana, Korei, Jajpur

I wake up in the morning Teach the younger ones at home Leave for college to learn I am the Eldest Sister I empower myself, my brother and my

> I wake up in the morning Finish my homework Leave for school to learn I am the youngest Daughter I empower myself and my career.

I wake up early in the morning Set the tone for the day Guide everyone what not to do Remind everyone what to do I am Grandmother I empower my family.

I wake up in the morning Prepare breakfast for everyone Pack lunch box for my kids I am Mother I empower my son and daughter.

I wake up in the morning Get ready for my office Get another man ready for his Work at home and work at office I am Wife I empower my life and my husband's.

ROLE OF WOMEN IN SOCIETY BUILDING

ABHIJEET PANDA CLASS-VIII, OAV HATIOTA ,POLASARA

'Bring women ahead and remove gender inequality'

Giving women the tools, chances, and resources they need to engage fully in all facets of society is a process known as women empowerment. It entails advancing gender equality, improving women's access to healthcare and education, as well as producing equitable employment and financial prospects. Women's empowerment improves their lives on a personal level and makes society more prosperous and inclusive. It supports sustainable development, the reduction of poverty, and better health and educational outcomes. In addition to ensuring that their voices are heard and their rights are safeguarded, empowering women also entails understanding and eliminating the structural and systemic constraints that limit their potential. For a more just and equitable world, it is crucial to work towards achieving gender equality and the empowerment of women.

A more just and equal society must prioritize the empowerment of women. It describes the process of giving women the resources, opportunities, and tools they need to fully participate in all facets of society. Creating an equal playing field for men and women in all spheres of life is a key component of empowering women.

Promoting gender equality is one of the key elements of women's empowerment. Women have historically faced discrimination and marginalization in a variety of spheres of life, including politics, healthcare, employment, and education. We must endeavor to abolish gender-based discrimination and make sure that women have equal opportunity to prosper and thrive in order to empower women.

Education is a potent weapon for the empowerment of women. Women who have an education are better able to escape the cycle of poverty, take part in economic and political decision-making, and improve the health and welfare of their families. Yet, a lot of women still encounter severe obstacles to education, such as poverty, early marriage, and cultural attitudes that give boys' education priority over girls'.

Making sure that women have access to high-quality healthcare is a crucial component of women's empowerment. Women confront several health concerns throughout their lifetimes, including maternal mortality, problems with the reproductive system, and gender-based violence, and their demands in terms of health are frequently disregarded. Giving women access to high-quality healthcare services can benefit both their personal and family outcomes by enhancing their general health and well-being.

For women to be empowered, equal job and economic opportunities must be created. Women confront many obstacles in the workplace and in business, including discrimination based on gender, a lack of access to capital and markets, and social conventions that restrict their freedom of movement and power of decision. We can build more inclusive and sustainable economies by encouraging gender equality in the workplace and giving women the tools and assistance they need to launch and expand their companies.

Last but not least, empowering women entails recognizing and removing the structural and institutional constraints on their potential. This entails tackling problems including gender-based violence, unequal access to justice, and social norms that support discrimination and stereotypes against particular genders. Our culture needs to embrace and respect the contributions of women and give them the resources they need to realize their full potential.

In conclusion, women's empowerment is essential for establishing a society that is more just and equitable. We can enable women to engage fully in all facets of society by promoting gender equality, granting access to education and healthcare, generating equitable job and economic possibilities, and removing structural and systemic impediments. Women's empowerment has advantages for them personally, but it also makes the world a more wealthy, inclusive, and sustainable place for everyone.

Woman stands for:-

W- Wonderful mother O- Outstanding friend M- Marvelous Daughter A - Adorable sister N- Nicest Gift to men from god

Word: - Candour - Sincerity Thought: - Being ignorant is not so much a shame, as being unwilling to learn.

नारी_

नारी ! तू संस्कृति का आधार है, तुझ से ही सृष्टि का प्रारंभ है । उनको मत समझना कमजोर, वे हैं समाज के धरोहर ।

सरोजिनी नायडू बुलबुल हैं भारत की, पहली नारी जो गवर्नर पद पाई थी । हमने सुनी तेरी कहानी थी, खुब लड़ी मर्दानी वह तो झाँसी वाली रानी थी ।

सबने उनकी कीमत पहचानी है, व्यूप प वे जगत के सीता, दूर्गा व भवानी हैं। त्रैता से कलियुग तक अग्नि-परीक्षा देती है, सावित्री बनकर यमराज से लड़ जाती है।

> द्रौपदी के रौद्र रूप देख कॉप उठा हस्तिना नगर, सीता के सौम्य रूप को रावण भी स्पर्श न किया डर कर । बिन थके घंटों काम करती है, बिन प्रशिक्षण से सबकी सेवा करती है ।

रोज बर्तनों के बीच दिन बिताती है, पर बेटी को बैरिस्टर बनाना चाहती है। तेरे बिन सबकुछ अधूरा है, तेरे चेहरे पर सादगी का नूर है। तू स्वयं रक्षा कर अपना मान, तेरे आगे न टिक पाया रावण और दुर्योधन का अभिमान।

सुप्रिया प्रधान टी.जी.टी. हिन्दी ओ. ए. वि. चम्पुआ (केउँझर)

महिला सशक्तिकरण

प्राचीन युग से हमारे समाज में महिलाओं (स्त्री) का विशेष स्थान है। जैसे - ऋग्वैदिक काल में लोपामुद्रा, घोषा, सिकता, आपला, विश्वास जैसी विदूषी स्त्री का वर्णन है। हमारे पुराण ग्रंथों में नारी के लिए कहा गया है- जहाँ नारी की पूजा करते हैं वहां देवता निवास करते हैं। फिर भी यह आश्चर्य की बात देखिए, नारी को सशक्ति-करण की आवश्यकता हो रही है। स्त्री से ही मानव जाति का अस्तित्व है यह मानते हैं। सीधे शब्दों में महिला सशक्तिकरण की परिभाषा कर सकते हैं, अपने जीवन में निणर्य करने की जो शक्ति नारी में हैं, उसको जानना उपयोग करना एक नारी स्वयं करे। समाज में उसके वास्तविक अधिकार प्राप्ति के लिए सशक्तिकरण है।

संसाररथस्य हे चक्रे स्तः। नरः च नारी च। उभयोः अपि समानं महत्त्वम्। नारी विना नरः संसाररथं चालियतुं न समर्थः। नरं विना नारी अपूर्णा तथा नारीं विना नरोऽपि अपूर्णः। प्राचीनकाले स्त्रीणां महत्त्वम् अधिकम् आसीत्। वैदिककाले तासां स्थानं गौरवपूर्णम् आसीत्। नारी 'देवी' रूपेण सर्वै: मानिता। न केवलं प्राचीनकाले, आधुनिकाले अपि नारीणां सम्मानं सर्वेषां कर्त्तव्यम्। परिवहन निगमेनापि बसयानेषु स्त्रीणामासनानि निश्चितानि कृतानि। शिक्षासंस्थायां कन्याणां पदानि आरिक्षतानि। किं बहुना संसदेषु अपि महिलानां 33% पदानि आरिक्षतानि। एवं शासनेन महिलानाम् अधिकाराय उचिताः प्रयत्नाः कृताः।

स्त्रीरत्न के समान और कोई रत्न नहीं है। नारी राष्ट्र का भविष्य है। स्त्री समाज की कुशल वास्तुकार है। जहां स्त्रियों का आदर होता है, वहां देवता रमण करते हैं।जहां उनका का आदर नहीं होती, वहां सब काम निष्फल होते हैं। सभी देवताओं से उत्पन्न हुआ और तीनों लोकों में व्याप्त वह अतुल्य तेज जब एकत्रित हुआ तब वह नारी बना।

ASUTOSH SATAPATHY(PGT MATH), OAV TARANDO , KENDRAPARA

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ସେ ନାରୀ...

ଲୋକମାନେ କହୁଥିଲେ ସେ ହେଲା ବୋଝ, ସେବେ ଆପଣା ଲୋକ ସ ହେଲେ ଏବେ କାହିଁକି କହୁଛନ୍ତି, ଆକି ତାକୁ ହିଁ ଖୋକ.. ଦଳୁଥିଲେ ତା'କୁ କେବେ ପାଦତଳେ କିନ୍ତୁ ଆଜି କହୁଛନ୍ତି ସେ ସମଞ୍ଚଙ୍କ ଉପରେ... ନା ସେ ବୋଝ, ନା ସେ ଅବଳା ସମୟଚକ୍ରରେ ସିଏ ସାଜିପାରେ ଅଗ୍ନୀର ପିଣ୍ଡୁଳା । ଫେଲ-ଲୁଣ ସଂସାରରେ ସେ ସଦା କରେ କଷ୍ଟ କିନ୍ତୁ ଆଜି ସେ ଦୁନିଆ ପାଇଁ ହୋଇଅଛି ଭୁଷ୍ଟ.... ସେ କେବେ ମାଆ, କେବେ ଭଗିନୀ ତ କେବେ ପୁଣି ପଢ଼୍ମା, ଚାହିଁଲେ ସେ ହୋଇପାରେ ସମଞ୍ଚଙ୍କ ପାଇଁ ଅଗ୍ନୀ । ସେ ଥିକି ପଡିଥାଏ...

ଯେବେ ଆପଣା ଲୋକ ତା'କୁ ନିଜଠୁ ଦୂରେଇ ଦିଏ, ସେ ଦୁର୍ବଳ ହୋଇଯାଏ... ଯେବେ ତା'କୁ ନିଜକୁ ପ୍ରମାଣିତ କରିବାକୁ ପଡ଼େ, ସେ ନିଜ ସ୍ୱପ୍ନକୁ ଭାଙ୍ଗିଦିଏ... ଯେବେ ସମାଜ ତା'କୁ ତିରୟାର କରେ, ହଁ, ସେ ହେଉଛି ନାରୀ ! ଯିଏ ପୁରୁଷ ଠାରୁ ଶହେ ଗୁଣ କଷ୍ଟ ସହି ନିଜ ଜୀବନକୁ ଜୀବନ୍ତ କରେ... ଆଜି ତା'ର ନ୍ୟାୟର ପାଳି ସେ ଅଜି ମହାକାଳୀ । ସେ ନିଷେଷିତା-ନିର୍ଯାତିତା ଅନ୍ୟାୟର ପ୍ରତିଶୋଧେ ସେ ଆଜି ଶାନ୍ତ ଓ ସ୍ମିଗ୍ଧା ।

> ପ୍ରତ୍ୟାଶା ପ୍ରୟଦଶନୀ ଶ୍ରେଣୀ - ଅଷ୍ଟମ ଓ. ଆ. ବି. ମହୁଲପାଳ (ତାଳଚେର)

ଆକ୍ରିଅମ୍ ର ମାଛ

ନାରୀ ଟିଏ !
ଠିକ୍ ଆକ୍ରିଅମ୍ ର ମାଛଟିଏ ପରି, ଛଟପଟ ହେଉଥାଏ ଯିବାକୁ ବାହାରି, କାଚର ବଳୟ ଭେଦି ପାରାବାର ବୁକୁ ଚିରି ।। ଏଠି ସମୱେ ଦେଖୁ ଥା'ନ୍ତି ସୁନେଲି ମାଛକୁ ଖୁବ୍ ପ୍ରଶଂସୁ ଥାଆନ୍ତି... ଛୋଟ ତା'ର ସମୁଦ୍ରୀ ଦୁନିଆକୁ ।

ହେଲେ ସିଏ.....!! ସଭିଙ୍କୁ ସୁନ୍ଦର ଚିକମିକ୍ ଦିଶୁଥିବା କାଚ ଦୁନିଆ ର କୈଦି, ଭାବୁ ଥାଏ ସାଗର ସମୀପେ କେବେ ହୁଅନ୍ତା କି ଢ଼େଉ ସହ ଭାଗୀ....!

କଳ୍ପନା ପ**ଣା** ହିନ୍ଦୀ ଶିକ୍ଷୟିତ୍ରୀ ଓ. ଆ. ବି., ଫତେଗଡ଼ (ନୟାଗଡ଼)

मीरा

चाहे तो निर्बलता कह ले, चाहे तो चंचलता कह ले, चाहे तो चंपलता कह ले, दिल ने यूँ मजबूर किया, मैं तुझसे प्रीत लगा बेठा । मैं तेरे चरणों में जा बैठा, मैं तेरे सामने सिस झुका बेठा । मैं चातक हूँ, तू बादल हे, मैं लोचन हूँ, तू काजल है, मैं आँसू हूँ, तू आँचल हे, मैं आँसू हूँ, तू गंगा जल हे । तू चाहे नादानी कह ले, तू चाहे मनमानी कह ले, तू चाहे मनमानी कह ले, तू चाहे मनमानी कह ले, मैं तेरा नाम बता बेठा, मैं तेरे सामने सिस झुका बैठा, मैं तुझसे प्रीत लगा बेठा ।

ना मंदिर में तू था, ना मस्जिद मे तू था, ना गुर्द्वारे में तू था, ना हरिद्वार में तू था, मुझ में ही तूथा, सबमें ही तूथा। सारा मदिरालय घूम गया प्याले-प्याले को चूम गया, पर जब तूने घॅ्घट खोला, मैं बिन पिए हीं aझ्म गया। तू चाहे पागलपन कह ले, तू चाहे तो पूजन कह ले, मदिर में जब घड़ियाल बजा, मै अपना सिस झ्का बैठा, मै तुझसे प्रीत लगा बेठा । तू चाहे तो रोगी कह ले, या चाहे तो भोगी कह ले, मैं तुझको स्मरण करते करते अपना होस गवा बैठा, मै तेरे सामने अपना सिस झ्का बैठा, मैं तुझसे प्रीत लगा बेठा ।

मैत्रेय मिश्रा कक्षा - नौवीं ओ. आ. वि. अस्का (गंजाम)

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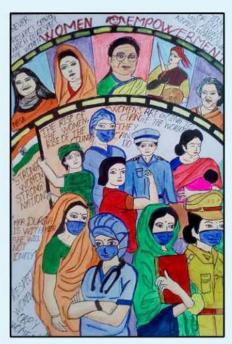
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Word :- Innocuous- harmless.
Thought :- "Balance is not something you find. It's something you create."

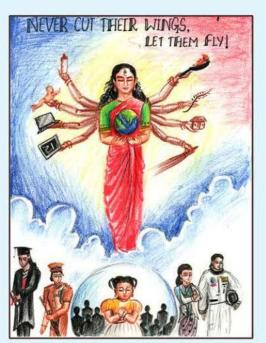
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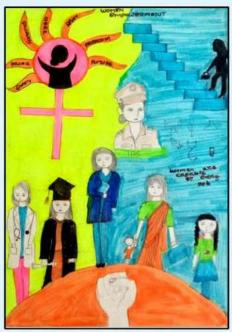
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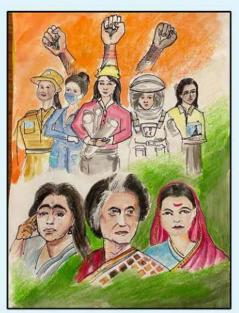
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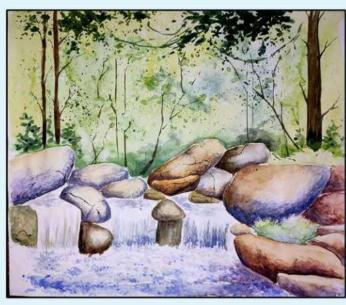
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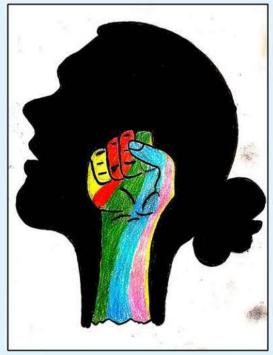
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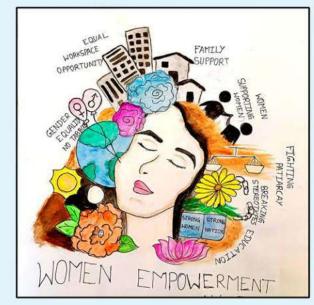
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ANSHUMAN SWAIN, CL- 7 OAV -KURSUD



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ANIMA APAT, CL -XII, OAV- LAHANDA



AMRIT SAHOO, CL-VIII -OAV, DWARAGAON, DASPALLA



ANANYA MAJHI, CL- VIII, OAV-HATIOTA, POLASARA, GANJAM

ACTIVITIES



Hon'ble Advisor OAVS visited OAV, Parmanpur (Maneswar) Sambalpur in March 2023.



Social Awareness by OAV- Dhankouda, Sambalpur



Anjan Sen (TGT-Mathematics), OAV- Tingiria, Raruan Mayurbhanj received an Award For His Contribution In The Field Of Science



Visit Of 10th Girls To ITI Exposure Visit Of Class 10 Girls Of OAV, Tetelenga, Boudh To Govt. ITI -Boudh Under Sudakshya Scheme



A training programme on development on leadership skill OAV Khaprakhol



Samikshya Pati, Class - VII, OAV- Jokidola, Banki, Cuttack is Felicitated by ICDS Project as Best Adolescent Champion Girl of Cuttack District on the occasion of International Women's Day- 2023



OAV- Rengali, Awarded For Plantation Afforestation



Creative activity at OAV, Dwaragaon, Daspalla



Training on development of leadership skills among teachers and students OAV- Ramdaspur, Baranga, Cuttack